

NUTS & BOLTS



*'Every man needs
a shed'*

Vol 7 | Issue 10 | October 2025



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Message from the Editor

Editor: Ray Peddersen

cms_editor@carinamensshed.org.au

I would like to thank the following contributors to this bumper edition of Nuts & Bolts; Paul Esdaile, John Rossberg, Greg Secomb, Bob Ikin, Tony Tabrett and the ever-reliable Freddie Butler.

I hopefully will have Christmas edition to report on the Family and Friends Day and another great year for our shed.

I still have a full deck, I just shuffle slower.

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Carina Men's Shed valued supporters include:



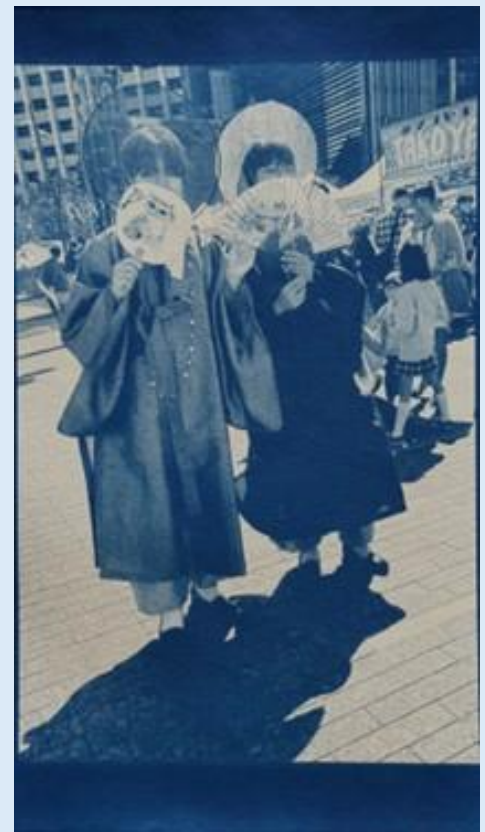
Member's News

Cyanotype Workshop Thursday 04 September - Paul Esdaile

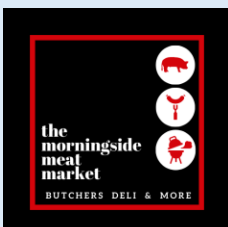
Over the past 12 months we have held two cyanotype printing workshops. This allows us to create a print from a digital negative without using a dark room. The last workshop held on Thursday 04 September.

The process was developed in 1842 by Sir John Herschel. The cyanotype solution is made from combining equal parts of potassium ferricyanide and ferric ammonium citrate. This is then painted onto watercolour paper and kept out of the sunlight until it is time to expose the print. When a photo negative is put on the paper, covered with glass, and then exposed to ultraviolet light parts of the image change to a Prussian Blue. The rest of the unexposed area can be washed off leaving a blue monotone positive print.

There are many more bleaching and staining processes that can take place after the print has dried, but we haven't explored those possibilities yet.



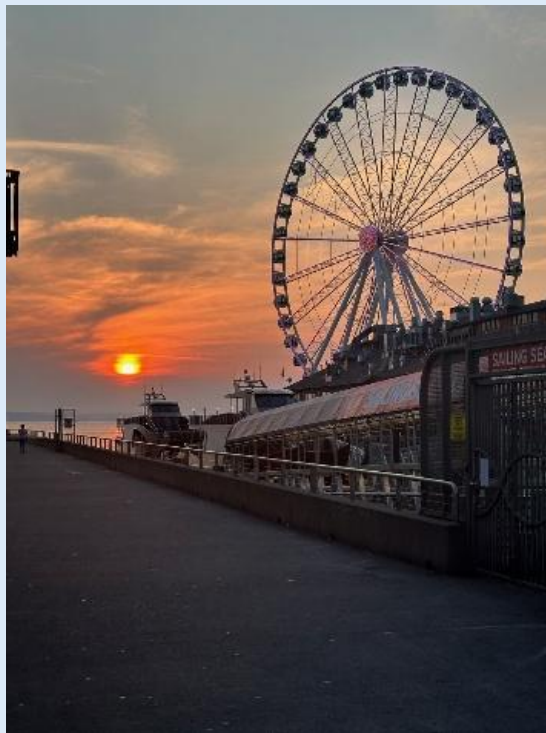
Carina Men's Shed valued supporters include:



Bullseye Glass Visit September 2025 ***Portland Oregon John Rossberg***

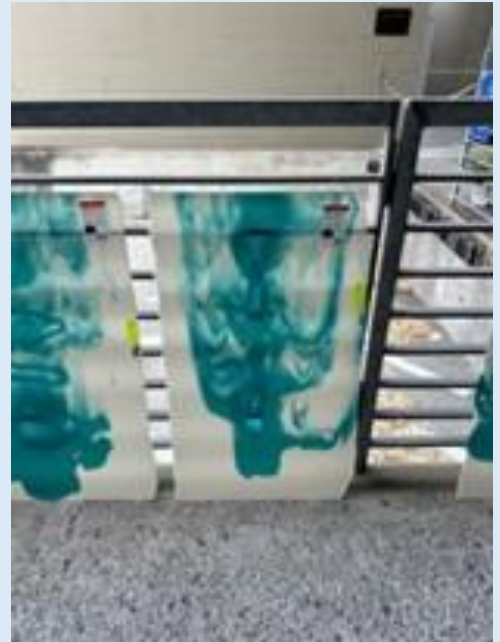
In early September I joined nine other Fused Glass enthusiasts from across Australia for a one-week workshop at the Global home of Bullseye Art Glass in Portland Oregon.

I spend 4 days in Seattle prior to the workshop visiting city highlights including Seattle Space Needle, Chihuly Garden and Glass, Pike's famous Food Market and the Museum of Glass.



Member's News

My visit to Bullseye Glass was nothing less than an **inspiring** experience! So many new techniques so many new ideas, not only for myself but for others using Glass in our Shed.



The contacts I made with not only Bullseye but also other Glass artists from all over Australia will be invaluable for years to come. As you can see from the photos, I also had the opportunity to make my own art glass which will hopefully arrive back in Australia (together with some glass purchases for the Shed) before Christmas.....this year.

A once in a lifetime experience that would have never happened if it was not for my introduction to Fused Glass after joining the Carina Men's Shed

John Rossberg

Carina Men's Shed Health and Wellbeing Committee

The committee strives to improve the Health and Wellbeing of all members

Contact details for the committee

Peter Everest 0415 406 540

Paul Gardiner 0405 627 171

Bob Ikin 0427 384 728

Paul Meridith 0417 602 808

Please feel free to contact any member of the committee to discuss any issues.

Poetry Corner

This poem was submitted by shed member Greg Secomb.

Two Dictators

Who is at fault? Who is to blame
That bullets fly or that men aim
The bullet makers or the guns
The fathers uncles brothers sons

Who does decide to go to war
Is it their fault please tell us more
Why we should march on to our doom
The elephant is in the room

We can communicate with guns
to kill and maim is not for fun
Is not a game, they'll not return
The lives we lose why do we yearn

For better words like peace and love
Upon the podium to shove
Those words like hate and fear and greed
Far from our ears our brains don't need

To hear those words when we are friends
Unite our voices, say "War ends"
Dictators come dictators go
Dictators cause our blood to flow

Our blood is hot and it should boil
That human flesh and human toil
Is concentrated with just one
Dictator who thinks it might be fun

To keep their power, retain their throne
By bloody violence, their words alone
Should fall on dirt, on barren ground
The sterile seeds be cast around

The seeds lie dormant seeds of hate
It's just our fear that germinates
Without the men to aim the guns
Dictators battle one on one

Now that appeals to purpose high
A battle royale illuminate the sky
The ticket sales would hit the roof
To see dictators bullet proof

A cage fight battling with wits
To talk the nipples off the tit's
Of witches who make up the jury
Verbosity, unleash their fury

The TV ratings they would soar
The crowd would swell they'd all want more
The cheap shots, eye gouge biting scratches
As two dictators play with matches

A can of petrol stack of tyres
And each could stand inside a pyre
A single match to light a flare
That lights the night as if we'd care.

Greg Secomb 2012

Member's News

Vale Dante Ballarino 1934 - 2025

Dante was one of the Shed's founding members in August 2009. Top Row Photos: Mal Weier, George Hickey & Dante at the shed site CJC July 2010; Dante and Margret Hickey cutting the Shed's 10th Birthday cake August 2019; Dante at 2019 Christmas Party with Eddie & Mal. Bottom Row: At George Hickey's February 2011: Receiving Long Term Member's Award Christmas Party 2020.



MEMBER PROFILE – Dante Ballarino

Dante's father immigrated to Australia from Piemonte, Italy in 1924 on the ship SS Regina d'Italia. On this ship was a noted film director Angelo Drovetti who filmed the sights migrants saw on their seven week voyage from Genoa to Brisbane. This silent film was lost for some eighty years and only found some two years ago.

Dante's father worked on the cane fields around Ingham and with a brother in law bought a farm in the Burdekin at Jarvesfield where Dante was born in 1934. Dante's mother's ill health caused him and his mother to go back to Italy soon after his was born and they returned in 1939 prior to the hostilities in Europe.

In 1941 Dante's father purchased a farm in Redlands and this is where he grew up. At the conclusion of Junior he chose to be apprenticed as a motor mechanic as he was besotted with motors and motor vehicles. This was in 1951 and was with a long established motor garage in Stones Corner. In 1963 he gained employment with a vehicle manufacturer as a service engineer, visiting dealers in Queensland and Northern Rivers, NSW.

In 1970 the company ceased operation in Queensland as a distributor/manufacturer and he remained resident service engineer until 1975. The company returned to Queensland as a vehicle distributor and in conjunction with the truck and bus

division he was State Service Manager with responsibilities to dealers and the running of a large workshop including the training of dealer service staff, some thirty five staff in all.

In 1980 Dante was employed to establish a car dealership as an "add on" to an established prestigious German vehicle

distributor. This change from service to sales administration was extremely rewarding and in some seventeen years he visited numerous factories in Japan on three occasions and visited dealers on the East Coast of USA and Hawaii. Dante became a member of the SAEA (Society of Automotive Engineers Australasia) in 1963. In 1983 he was appointed JP. He served on committees of the SAE, dealer councils and a Queensland Government Tripod Committee prior to the establishment of the Consumer Affairs Department.

In mid-2009 Dante joined Mens Shed Carina which was being established by Georgie Hickey. Meetings were held at premises in Wecker Road, Mt Gravatt. With an

increase in numbers and a need to operate power tools the group met at Norcombe Street under Georgie's house.

- Hobbies and Interests – Mens Shed and associated activities; gardening.

- Bucket List - Health issues and to keep breathing; travel within Australia.



Teamster's Hall of Fame Bus Trip *Monday 06 October 2025*

Our bus left the shed about 9:00 with 28 members on board and shortly after taking the Steve Irwin exit we stopped at a Glass House Mountain Lookout for about 15 minutes and then had a morning tea break at the nearby Lookout Cafe before arriving at the Teamsters Museum at about 11:30. After a brief look around a delicious lunch of rissoles sausages and veg and damper was served as the founder of the Hall of Fame Steve Ralph entertained us with his stories about how he has spent over forty years researching and retrieving and restoring old Cobb & Co coaches to preserve the history of Cobb & Co in Australia since the 1860's. After lunch Steve showed us through his massive shed where all the restoration work happens. We left about 2:15 and arrived back at the shed at 3:15. For more Cobb & Co and the Teamsters Museum check the website:- <https://www.athof.com.au/>



Member's News Bus Trip 2 oct



Member's News


Guest Speaker Brisbane Flight Paths
Monday 29 September 2025

Professor Marcus Foth, Marcus Foth is a Professor of Urban Informatics at the Queensland University of Technology. However, Marcus was today speaking on the BFPCA; Brisbane Flight Path Community Alliance (BFPCA) brings together Brisbane communities adversely affected by Brisbane Airport's flight paths – including noise pollution and human health impacts.

Bunnings BBQ *Monday 06 October 2025*

The Bunnings BBQ on the King's Birthday public holiday provide a great result with a Gross \$3,403 & Net \$ 2,286 and thanks to all those shed members who assisted: Peter Kucks, Eric Rountree, Adrian McDonnell, Klaus Binder, John Rossberg, Ken Gillard, Bob Ikin, David Hay, Roger Appelby, Glen Watson, David Clarkson, David Sim and Bill Eklund.


Veteran's Workshop
Friday 24 & 31 October 2025

Another very successful veterans program run over two Friday sessions with two veterans each participating in the leather, wood and glass projects and mentored by Peter Kucks, Ken Gillard, Les Vear, Mal Baldock, Noel Gilbert and Graham Findlay. Bob Ikin has indicated that further workshops are planned for next year.

Meal on Wheels Containers Handover

The Meals on Wheels wooden carry boxes that Syd Demster had been working on were gratefully received by the Carina Meals on Wheels office as they will allow twice as many meals to be carried by the delivery volunteers.

Member's News**Centenary Suburbs Shed Visit***Saturday 18 October 2025*

David Clarkson has provided these photos of his visit to Centenary Suburbs Open Day. The shed caters for all the usual workshop activities and has a large art group with a dedicated studio area, also garden areas with fruit trees, veggies and a few free-range chooks.



Ron Webb's netted planter boxes are working well and have solved the problem with the nocturnal marauders enjoying a smorgasbord of the freshly planted and tended produce of his team of gardening gurus.



Photos of the Month

September Photo Theme -Community

Paul Esdaile – Park Run



Tony Tabrett - Anzac Square

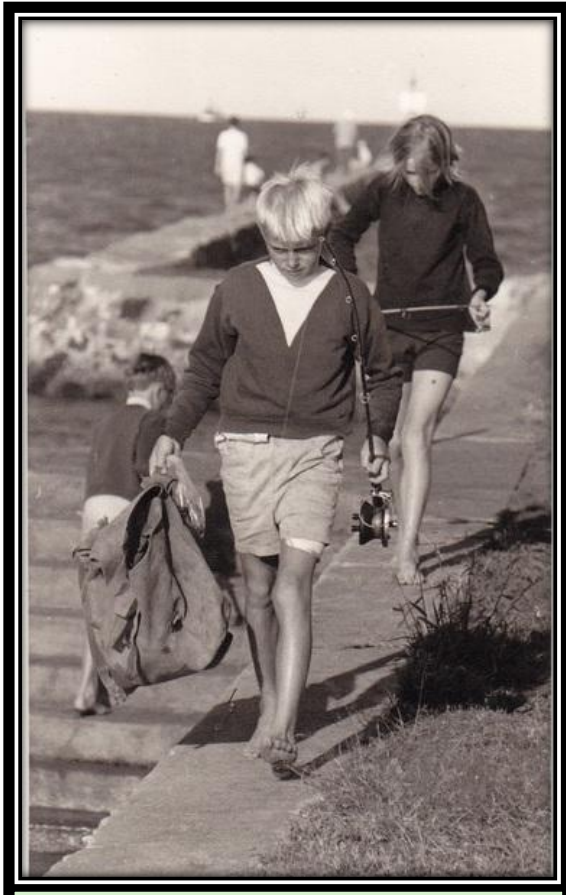


*Paul Esdaile
Mum takes kids for walk*



Photos of the Month

October Photo Theme – Street Photography



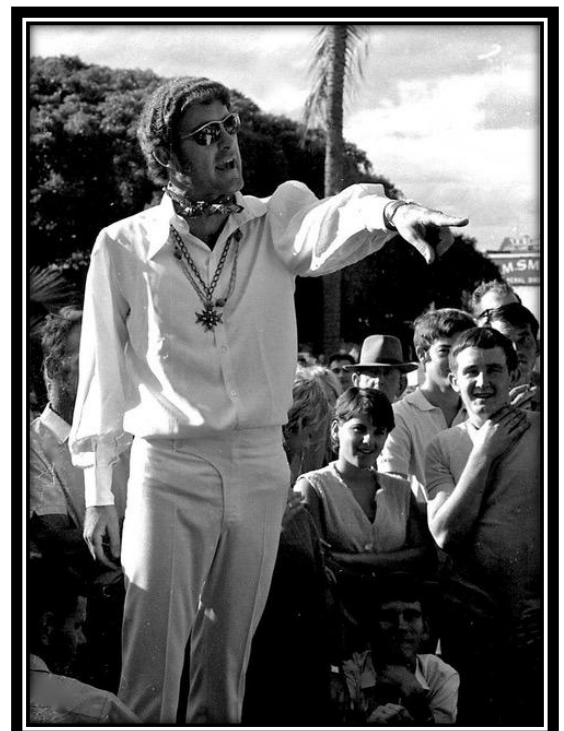
Allen Linning – Been Fishing!



Tony Tabrett – Street Entertainment Brisbane



Tony Tabrett – Pedestrian Road Rage



*Allen Linning – Speaker's Corner
Fortitude Valley 1960's*



SHED MUSIC GROUP

The Shed Music Group has a total membership of 18 and the ***Corrugated Shedders*** band is the performing part of the music group. The ***Corrugated Shedders*** rehearse for their gigs on Monday afternoons and the whole music group can attend jam sessions on Wednesday afternoon if they wish.

The organizations the band plays for vary, for example, Seniors, Probus, 60 & Better, RSL, Y Better Club, Hospitals, Red Cross Volunteers, Rotary, Carina Men's Shed and Retirement Organizations. The band concentrates on 50s, 60s, 70s and 80s rock and roll, country and blues and these genres and eras appeal to the audiences.

2025 has been an extremely busy year for the ***Corrugated Shedders*** and the band will have completed fourteen community gigs by the end of November. The band has established a real niche as there are few bands providing this style of music for community organizations in our region. Significant PR value has been obtained for Carina Men's Shed at these events as many in the audience have asked for information about our shed and what it does.

Mental health and music go hand in hand both for our audiences and for the band members. The band does not charge a fee but gratefully accepts donations for the shed when offered to support men's health. The enclosed letter and email are examples of community gratitude following performances at Belmont Private Hospital and St Gabriel's Anglican Church Carindale.

The band members obtain as much enjoyment out of the performances and proudly support the shed's desire to be a "community shed". 2026 looks like it's just as busy for the ***Corrugated Shedders*** as we have five confirmed bookings already.



Seniors Carina 2024

Member's News

The letter and email below, from Belmont Private Hospital during Mental Health Week 2025, and at the St Gabriel's Anglican Church Carindale Spring Fair, express their appreciation of the performances by the Corrugated Shedders contributing to the success of their events and requesting return bookings for 2026.

Aurora
Belmont
Private Hospital

Belmont Private Hospital
ABN 45 117 484 803 ACN 117 484 803
1220 Creek Road, Carina QLD 4152
PO Box 24, Carina QLD 4152
T 07 3398 0111 F 07 3398 3105
belmont.privatehospital@aurorahealth.com.au
belmontprivate.com.au

14 October 2025

Carina Men's Shed Inc
Corrugated Shedders Band

Dear Bob,

I would like to extend my sincere thanks to you and the band for your wonderful performance at Belmont Private Hospital on Friday, 10 October 2025, as part of Mental Health Week.

The patients, staff, doctors, and volunteers thoroughly enjoyed the music, and your contribution made a meaningful impact on the day. We would be delighted to welcome you all back to perform again in 2026, preferably on Friday the 9th of October 2026 if possible.

Please pass on my heartfelt appreciation to the rest of the band.

Regards,



Mary Williams
Chief Executive Officer
Belmont Private Hospital

People First. People Always.



Corrugated Shedders - St Gabriel's Spring Fair 2025

From: Carindale Parish <carindale@anglicanchurchsq.org.au>

Subject: Thank you from St Gabriel's

Date: 30 October 2025 at 9:28:56 am AEST

To: "cms_president@carinamensshed.org.au"
<cms_president@carinamensshed.org.au>

Cc: "ikin.family@bigpond.com" <ikin.family@bigpond.com>

Hi John and Bob

Just a quick and heartfelt thank you for helping us make our recent Spring Fair such a huge success.

We really enjoyed having the wonderful musical contribution from the Corrugated Shedders and are very appreciative.

The tentative date for next year's Spring Fair is Sunday 18 October.

Once again, many thanks.

Kind regards

Kerry Freeburn

Publicity Officer and Treasurer

St Gabriel's Carindale

*Not in my Lifetime - submitted by Tony Tabrett***Not in my Lifetime**

I was born at a time when human space travel was non-existent, though comic book space travel was all the rage. The Jetsons had flying cars, and superman had perfected the art of zooming through space with the greatest of ease.

A decade later, the first man-made rockets were being fired into space, details of which were screened at your local Newsreel Centre. Then with the advent of television, we were able to see black-and-white films of world events, and to learn about the race between Russia and America to achieve the most powerful rockets to lift off Earth and venture into space.

At this stage, I never expected (in my lifetime) to see a man land on the moon. But it came sooner than expected. I was in my first job with the Department of Supply (which ran the earth tracking stations in Australia) and allocated the role of spokesperson at Apollo exhibitions being held in 1968 in capital cities. We were given very informative briefings by NASA staff, as well as brochures on the lunar module and Saturn V rocket, models of which were on display. It opened up the fascinating world of lunar travel, with astronauts circling the moon, landing on its surface, and returning safely to earth.

The next step (which I didn't expect in my lifetime) was the establishment of the International Space Station circling the globe. It's not easy to hop on and off a space station as one party discovered when their return transport failed and they were obliged to spend an extra nine months circling the globe.

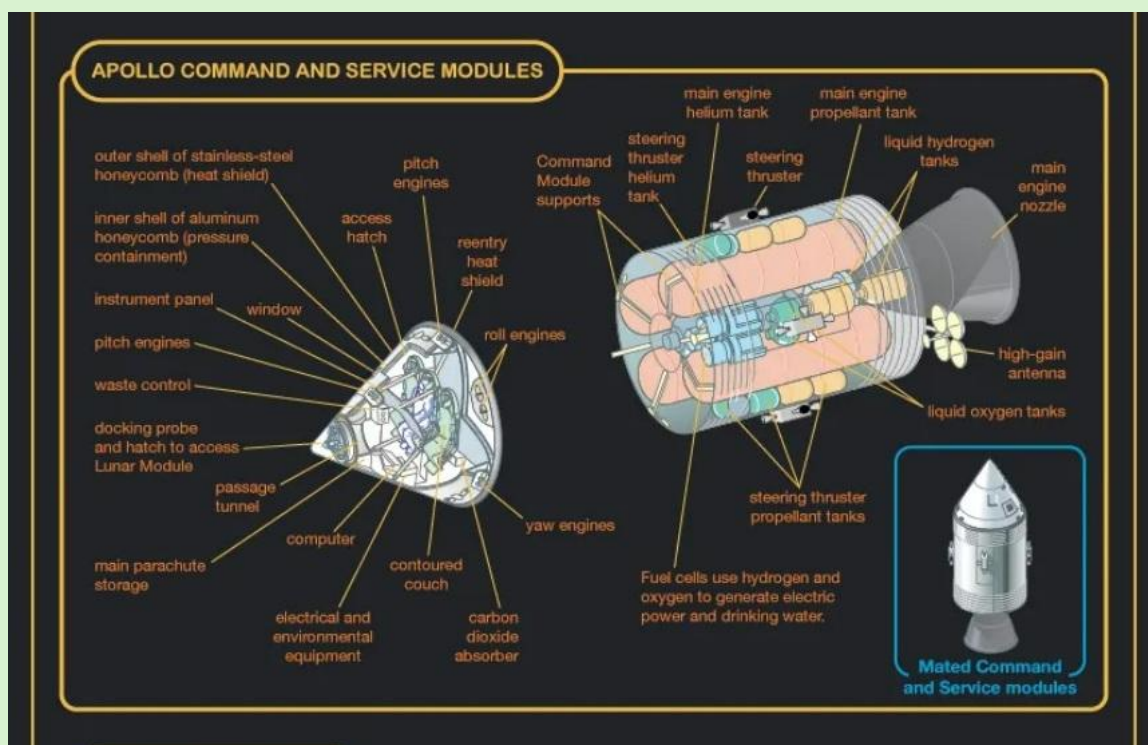
Other popular cinema films were stories about Martians visiting our planet, landing on our territory, and coming face-to-face with Earthlings. The thought must have occurred – will we ever venture into space and visit Mars, finding all about where they live and how they manage their environment, before returning to the safety of Earth. Afraid, I can't see this happening in my lifetime. Yet Elon Musk reckons that it can be done.

My next movie excitement came from the James bond series. One of the early movies (Goldfinger - 1964) showed James Bond in his Aston Martin tracking down his adversaries by means of a GPS system.

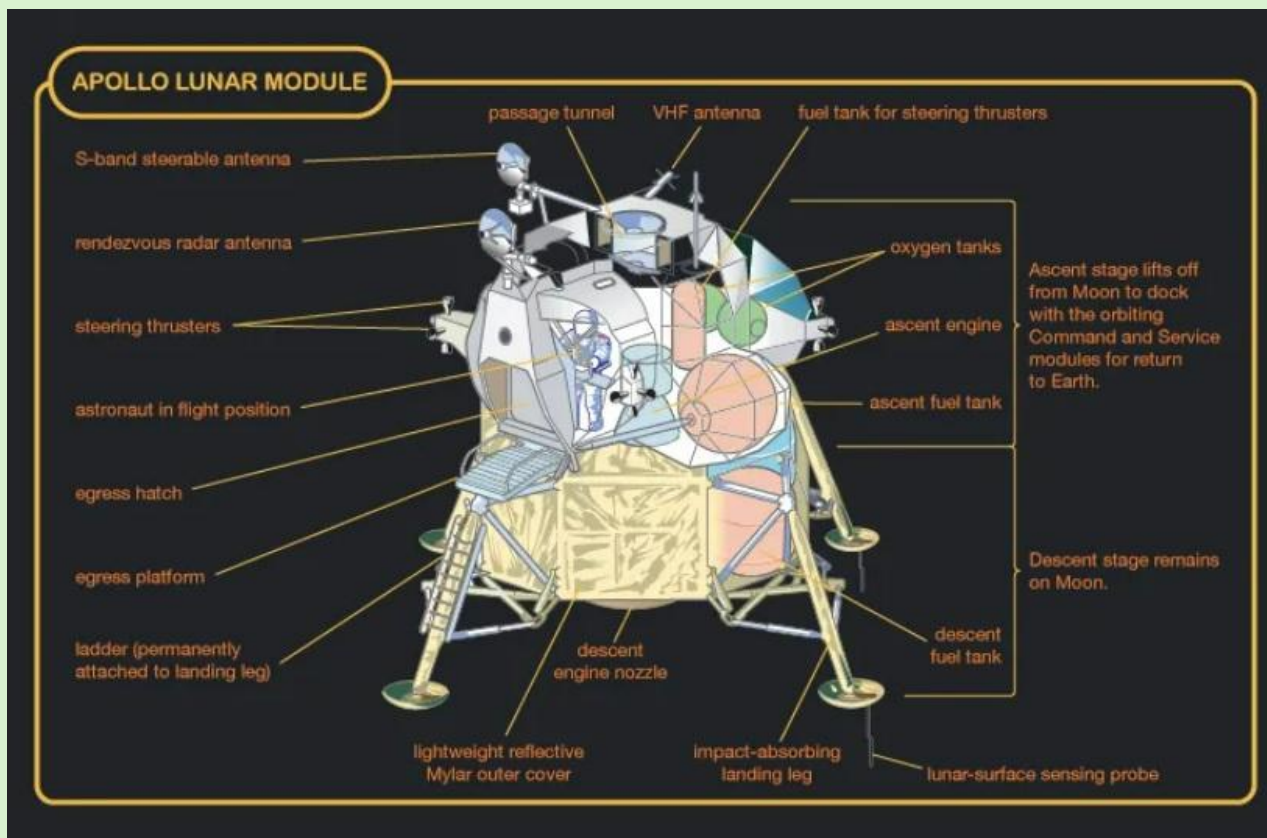
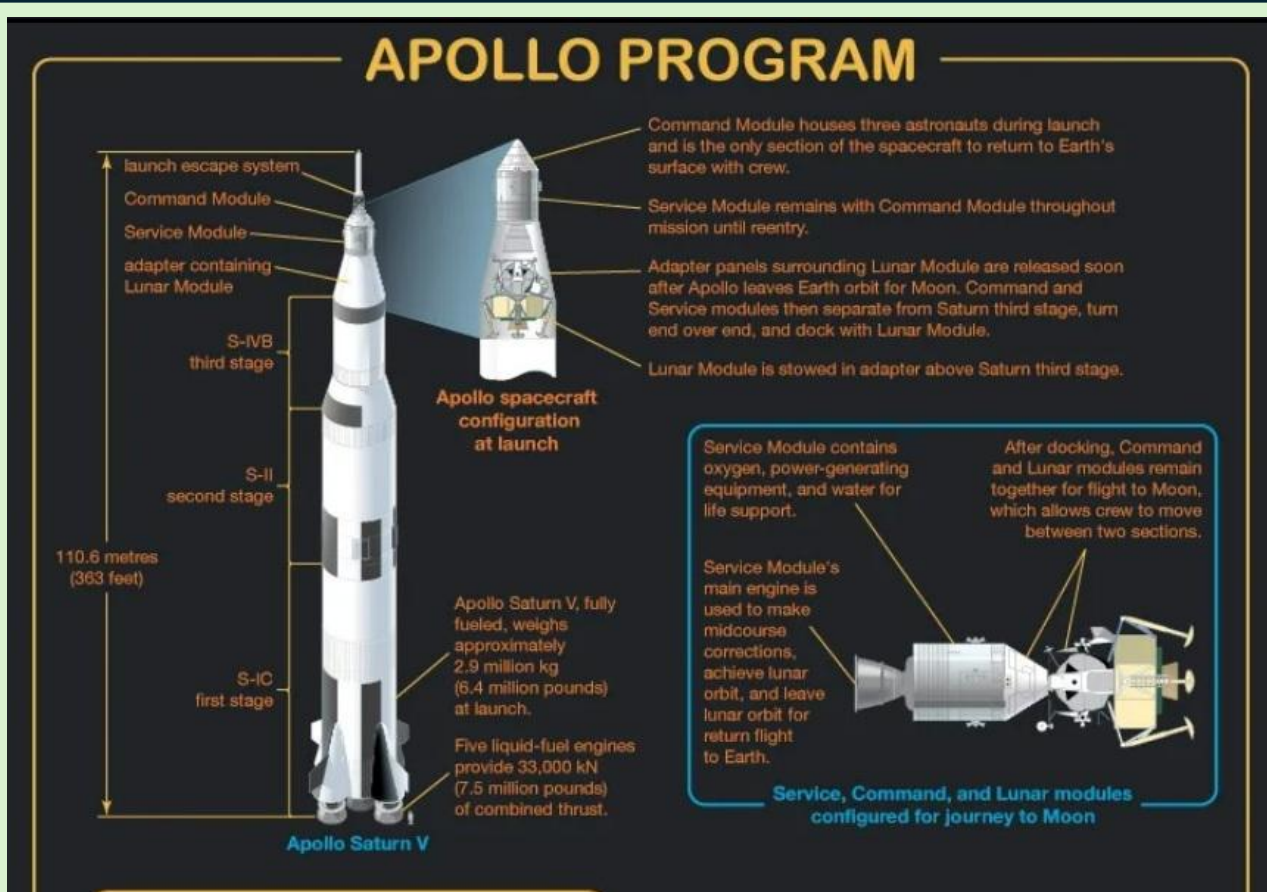
Soon after, kits for GPS navigation were becoming readily available for every type of vehicle, taking me by surprise (in my lifetime). I consider GPS is one of the very best advances in technology in our world today.

Another feature of James Bond movies (Thunderball – 1965) included scenes where James put on a jet-powered backpack to shoot up into the air and escape imminent danger. These power-packs are now available with today's technology.

However, I ponder whether in the next decade, we'll advance to the ultimate goal of jetting around in e-mobiles (like the Jetsons) to visit cousins and relatives across the countryside, instead of being confined to clumsy land-based vehicles, battling traffic jams, pollution and noise. Afraid my view is – not in my lifetime.



Member's News

**Editor's Note**

When you look at the diagrams of the command module and lunar module and the confined spaces the three astronauts had to live and work in, to complete their 8-day Apollo 11 mission I am just amazed how they could cope with those conditions , I am going stir crazy if my flight is taking more than 3 or 4 hours.

*"Pathway to Dinner" – submitted by Freddie Butler***Pathway to dinner?**

It was not so much a promise for a special dinner from the family Concierge, but the veiled suggestion that if something wasn't done around the veggie box, there may not be any kind of dinner. It was the kind of suggestion that most married men have received during their many years of compatibility-cooperation-connubial bliss (to avoid the cold shoulder for at least the weekend).

It was something like that in our house recently, *and brethren*, there should be a law against Ladies Magazines that put forth ideas of how easy jobs can be around the garden. There's nothing like pictures of well-dressed happy housewives swanning around a garden (like a botanic garden that is!) walking on a professionally laid pathway around immaculately tended flower beds and a picturesque veggie patch. Such pictures lead to unreasonable requests from the Concierge of the house (and daughter if there is one!).

The veggie patch in question is of some vintage, and a gentleman of manners and deportment, would admit that although not wildly overgrown it does need attention. Hence the worry and the work that descended on our garden. ***There really ought to be a law against such Ladies Magazines!***

In a well-ordered household things are planned and budgeted (that's the concierge speaking), and so the pathway was planned and budgeted. We (she) found a place that offered tiles of various colours, shapes and sizes. Many were ordered (ye gods how many!) paid for and loaded into the boot of the car. It was mentioned by the seller that his tiles could be easily cut to size with a hammer and bolster. A protest that we did not have a bolster was met with indifference, and purchase of said implement was made before we left the premises.

Back home in the garden, tiles were distributed in the order that they were to be laid. Then the misery started... numerous tiles had to be cut/shaped to fit the area. Have you ever tried to make changes to concrete tile's length or breadth with hammer and bolster? If yes, you will readily understand and sympathise, but if not, be very afraid of the task that maybe placed before you. Swinging the hammer and missing the bolster became routine. It was simple the man said: you mark the tile with the bolster as the line to follow, then make many short sharp blows (he didn't say how many) along that line to create a fracture point, and the tile will split into the desired length or breadth. ***The man was a liar!***

The tiles did not split as he said, they split in all directions of the compass, very few of which matched the plan. Late afternoon, madam concierge arrived to offer help (veiled criticism is a better word) and view any progress that might have been made. Among the helpful hints were: did you hold the bolster at the best cutting angle, did you use enough force to make a fracture, did you prepare the base to lay the tile flat and incidentally, have you damaged any fingers? All the tiles seem to have different shapes, so will you fit them together like a jigsaw puzzle? After a couple of hours hammering, splitting and laying, such comments were not well received. It was soon agreed that madam concierge should return to the house

The labour, the frustration and the litter of damaged tiles lasted to sunset. Madam concierge appeared to offer more helpful comments and some congratulations on the results of the afternoon's work. Perhaps tomorrow you could somehow make the path level so that people will not trip on uneven edges?

At that moment of epiphany, the pathway became a work in progress that may take months to even consider a completion date. So, we did get dinner, but not yet a pathway...

Great Moments in Science with Dr. Karl Kruszelnicki

Chocolate, grass clippings and old socks — Why do old books have such a distinct smell?

When you step into a second-hand bookshop, how do you describe the scent that instantly overwhelms you, filling your nose with the nostalgic smells of stories past? Some will turn straight to the word "musty", while others are more creative with their descriptions.

Words like chocolate, leather, grass clippings and vanilla are widely thrown around, while others describe the feeling and memories the scent evokes. "People were invited to say what they think were the most wonderful smells, which would then be protected," science commentator Karl Kruszelnicki said. "Of these scents there is the sake distilleries, the sea breeze, ancient woods and, wait for it — a street lined with bookshops. What cultured people they are."

Books are degrading with time

Books have been around for more than 4,500 years and, originally, they were written on papyrus in scrolls before evolving through time to the paperbacks and the ebooks we have today.

Dr Karl said the smell of old books was caused by the chemicals used in the paper, ink, and glue degrading and emitting gases.

"The smell of books, well they range from slightly acidic to musty," he said. "There is a whole bunch of people describing how books smell and they come out with things like chocolatey and old and burnt and of rotten socks."

"You have the inherent paper, then the chemicals that were used at each stage, some of which remain in the paper and haven't been properly taken out. "Then the chemicals will each break down at rates and emit gas at different rates." He said the scent of books relied on the different papers and chemicals used, as well as the era they were made in.

A glossy coffee table book would smell a lot different to a cheaply made black-and-white paperback. The era and methods used at the time also determined the survivability of the books. "You can read a book from 150 years ago and you can read a book from 1,000 years ago," he said.

"But a lot of the pulp fiction from the early 1920s you cannot read because they were just coming up with cheap paper for the masses. "So to make it easy they just left the acid in the paper, so many of those books are dying, they are actually degrading away."

Why do old books bring back memories?

For many, the smell of an old book will flood the brain with nostalgia and comfort. Dr Karl said the rush of memories from the smell of an old book was created by our most basic instincts.

He said smell was not wired in the forebrain, or the motor cortex, but in the basic central brain. "Smell is really important to us, because every living creature down to a single bacterium has a sense of smell," he said. "It [smell] is wired in at such a fundamental level. "A smell from your past can bring back memories like the smell of a car that you got a ride in with your family sometime, or your mother's perfume she wore on days for special."

<https://www.abc.net.au/radionational/programs/greatmomentsinscience/>

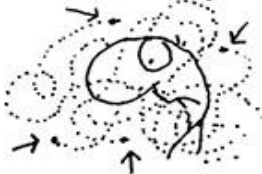
Puzzles, Jokes & Trivia

It's Summer, and nature has made some special arrangements for you.

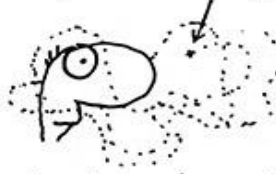
At the start of each day during summer you will be allotted your own personal fly.



Sometimes a group of flies will be provided and they will work as a team with you.



This common house fly will attend to you tirelessly throughout the day wherever you go.



All day long they will be dedicated, skilful, energetic and totally enthusiastic.



You will get to know each other well as the day proceeds and as the temperature rises.

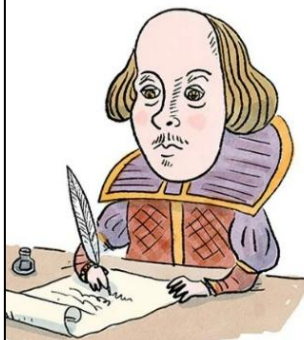


At the end of the day, they will depart, and next morning a fresh new team will arrive to continue with Mother Nature's amazing project.



Leung

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate.
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date.



SHAKESPEARE

A lot of people ask me to compare you to a summer's day. A lot. They come right up and ask. Summer is a great season. It's really great. Phenomenal! Unbelievable! I have a plan to make summer great again. It's a foolproof plan. Really great. The best.



SHAKESPEARE WITH BAD TOUPEE



If at first you don't Succeed
Do it the way your WIFE told you
to.

Can you complete these four words using the same three letter sequence in each?

V - - - - U E
B - - - - H
S Q U - - - -
F L - - - -

Trivia Quiz

1. What optical process primarily causes sunlight to split into the colours of the rainbow?
2. Beginning with "S" in chemistry what is the opposite of decomposition?
3. The Dow Jones index is named after two of the founders of which American newspaper?
4. What is believed to be older Stonehenge or the Great Pyramid of Giza?
5. Which currently circulating Australian coin is the second smallest in diameter?
6. Which term originated from the act of hiding contraband in tall leather footwear?

Quiz & puzzle
solutions
next page

Puzzles, Jokes & Trivia

Subject: The Grateful Golfer

A golfer was involved in a terrible car crash and was rushed to the hospital. Just before he was put under, the surgeon popped in to see him.

"I have some good news and some bad news," says the surgeon. "The bad news is that I have to remove your right arm!"

"Oh God no!" cries the man "My golfing is over! Please Doc, what's the good news?"

"The good news is, I have another one to replace it with, but it's a woman's arm and I'll need your permission before I go ahead with the transplant."

"Go for it doc," says the man, "as long as I can play golf again."

The operation went well and a year later the man was out on the golf course when he bumped into the surgeon.

"Hi, how's the new arm?" asks the surgeon. "Just great," says the businessman.

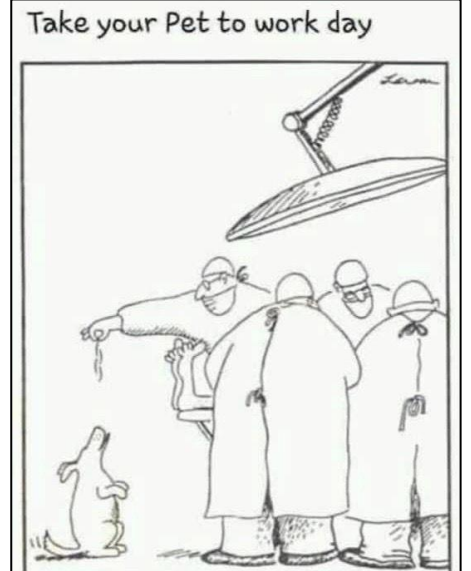
"I'm playing the best golf of my life. My new arm has a much finer touch and my putting has really improved."

"That's great," said the surgeon.

"Not only that," continued the golfer, "my handwriting has improved, I've learned how to sew my own clothes and I've even taken up painting landscapes in watercolours."

"That's unbelievable!" said the surgeon, "I'm so glad to hear the transplant was such a great success. Are you having any side effects?"

"Well, just two," said the golfer, "I have trouble parallel parking and every time I get an erection, I get a headache."



Diet tip: If you think you're hungry, you might just be thirsty. Have a bottle of wine first and then see how you feel.

Every woman's dream is that a man will take her in his arms, throw her into bed and clean the house while she sleeps.

Trivia Quiz Answers

1. Refraction (with dispersion).
2. Synthesis.
3. The Wall Street Journal.
4. Stonehenge.
5. \$2 coin.
6. Bootlegging.

Missing Letters

V I R T U E
B I R T H
S Q U I R T
F L I R T